

Alphabetical List of Professional who provide Counseling Supervision for
Nutrition Professionals

Barb Andresen, RD, LDN, Medical
Nutrition Therapist
phone: 336-659-8622
email: barbandresen@triad.rr.com
Group or/and individual Available
for both groups and individuals
Specialization: Eating disorders,
obesity, Metabolic syndrome, CAD

Alice Baland MA, LPC, RD/LD
Psychotherapist, Dietitian,
Speaker: Emotional Eating, Anxiety
& More
Phone Coaching &
TelePrograms Certified
Hypnotherapist
Website: www.AliceBaland.com
Email: alice@alicebaland.com
Phone: 469-737-5455

Maggie Davis, MS, RD, LDN, FADA,
CDE
Live Nutrition, Inc.
508-896-9080
www.livenutrition.com
Individuals & Groups

Cindy Guirino RD,LD, CDE and Ace
Certified Personal Trainer
UB-Fit,LLC Medical Nutrition
Therapy
4999 Brandt Pike
Dayton, Ohio 45424
937-236-6689
email youbfit@aol.com

Indu Jaiswal RD CDN
Email indu@jaiswal.net
Tel No 516 248 7241
Individual and group counseling
services provided

Diane Keddy, MS, RD FAED
Phone: 949-552-2385; e-mail:
dkeddy5555@aol.com
Individual supervision
Specialization: eating disorders,
menopause, insulin resistance.

Molly Kellogg, RD, LCSW
Psychotherapist, Nutrition Therapist
& Writer
100 East Sedgwick St.
Philadelphia, PA 19119-1850
215-843-8258
molly@MollyKellogg.com
sign up for free Counseling Tips at
www.mollykellogg.com

Gretchen Rose Newmark, MA, RD,
503-249-8064
gnewmark@spiritone.com
<http://www.spiritone.com/~gnewmark/home.html>
I specialize in eating disorders and
disordered eating.

Kathleen Putnam, MS RD
Sandi Kaplan, MS RD
206-729-2633
www.NutritionWorkSeattle.com
Kputnam2@msn.com

Elyse Resch, M.S.,R.D.,F.A.D.A.
Nutrition Therapist/Registered
Dietitian
310-551-1999
lysie8@aol.com
mainly individual/occasionally group
Specializing in Eating Disorders and
Intuitive Eating
Co-author of "Intuitive Eating", St.
Martin's Press, 1995,1996, 2003

Alphabetical List of Professional who provide Counseling Supervision for
Nutrition Professionals

Lisa Schnepf, RD, CDE
Individual counseling
317-398-5315
schnepf@majorhospital.com

Reba Sloan, MPH, LRD
615.321.4554
rf_sloan@msn.com
I specialize in eating disorders, non-diet weight management, PCOS and wellness.

Joan Trute MA, RD
Phone: 313 881-9366
Email: Trutestein@aol.com
Groups and Individuals
Speciality: Weight Loss,
Motivational speaking, Heart
Health, Diabetes, General Nutrition,
Pregnancy, General Infant and Child
Nutrition

Cindy Zwart, RD,LDN,CDE
"Diabetes Educator To Go"
Diabetes Classes and Presentations.
Preventive health and nutrition.
Counseling for diabetes,
cholesterol,
weight management, women's
health
and more!
708-415-1558 Check in often for
DIETITIAN'S NEWSFLASH at:
www.dietsnews.com